

NASSAU COUNTY LACROSSE OFFICIALS ASSOCIATION

PRE-GAME PROCEDURES

- The designated “R” must contact his partner(s) by e-mail or phone call, the day before the game. Decide what you are wearing and where you are meeting. Exchange phone numbers. The “R” must call the school the day of the game, or on Friday if it is a Saturday game, to confirm time and place of the game
When possible meet your partners in the parking lot one hour prior to game.
- Decide who will be the referee, then that person should do a pre-game conference
- Go to the field 20 minutes before game time
- Both officials introduce yourselves to the coaches and give them the Intro Card. Ask for captains #'s, the # of their in-home and give the coaches their certification, "Coach, are your players properly equipped?" Ask the Home Coach if he has sufficient **NOCSAE** lacrosse balls for the game. Ask both coaches when they would like you to read the sportsmanship card. Tell coaches that you are available for equipment checks.
- Give instructions to bench personnel and sign scorer's books
- 5 minutes before the start of the game conduct coin toss: {Diagram#1}

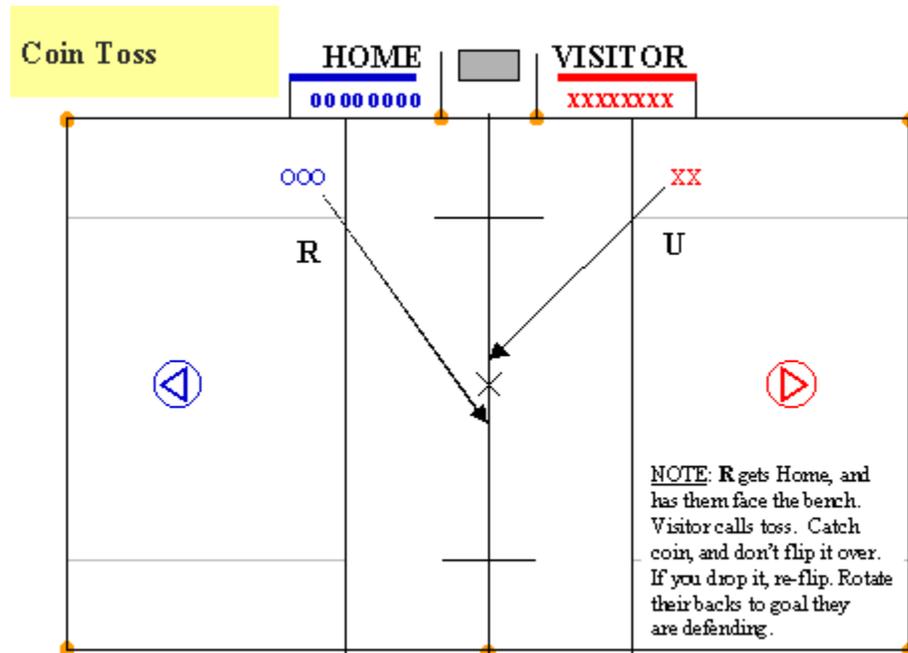
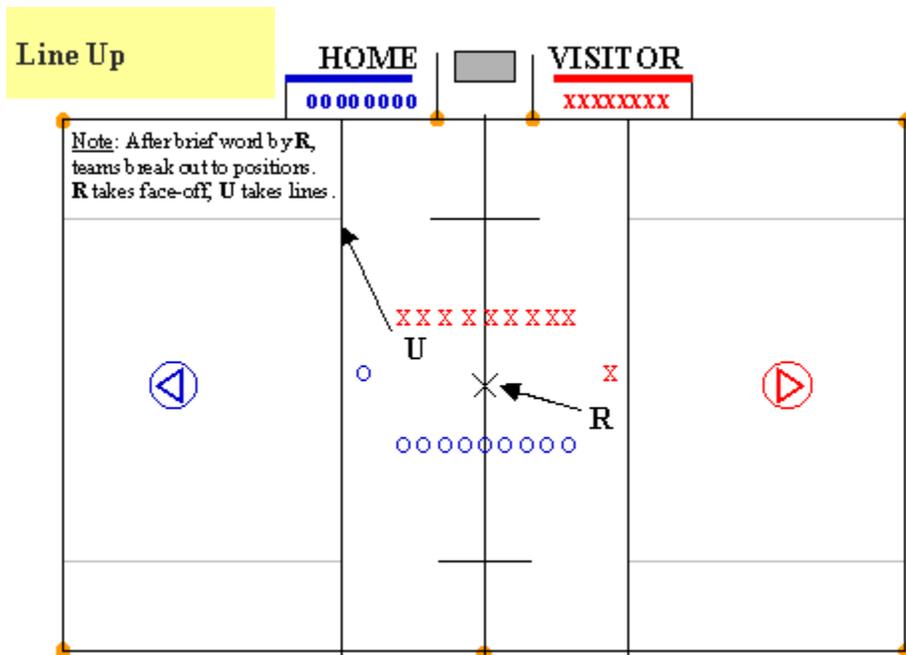


Diagram #1

- Referee gets Home Team: Umpire gets the Visitors
- Umpire should have the Speaking Captain next to the Referee
- Referee will introduce himself, then the Umpire to the Captains
- Referee will then have captains introduce themselves to one another
- Visiting Team calls coin toss **before** toss; catch coin and don't flip it over; if you drop it, re-flip. The winner has the choice of the goal they wish to defend or first **Alternate Possession**.
- Rotate Team Captains, with the player's backs to the goal that they are to defend
- Referee should now, from the bench side, tap the shoulder of the captain of the team to whom will get first A.P.; give the signal to the sidelines, scorer's table and coaches.

- Go check the nets for holes and balls (Referee – Home, Umpire – Visitor)
- Read the sportsmanship card to each team in front of their respective benches (Referee – Home, Umpire – Visitor)
- Meet back at the center X; blow whistle for teams to come out: {Diagram#2}



- Team's left shoulder is to be towards the goal that they are to defend
- Referee- Give teams their final instructions.
- Have teams shake hands – Goalkeepers first, then the remaining players crossover
- Begin game. And remember, **HAVE FUN!**

Points to be discussed during Pre-Game: Coaches Meeting, Coin Toss, Face Offs, Counts, Restarts, Offsides, Flag Down Situations, Stalling, Time Outs, OT procedure, Crease Play, Over & Back, Fights, and Stick Checks.

The crew that is thoroughly prepared for a game does a better job than the one that waits for problems to develop, then tries to sort them out.

Situations can be anticipated because the crew has discussed them.

There is less confusion on the field because the crew has discussed signals, responsibilities and mechanics.

Bench personnel know their jobs, coaches are informed and the game flows better.